



What is BodyTalk?

BodyTalk is a breakthrough, cutting edge system for addressing today's stress related issues is safe and effective. There is no diagnosis given, emotional stress, prescribed supplements or hard work involved on your part. BodyTalk is safe for all ages and levels of health. For more than 15 years The BodyTalk System™ has been taught to thousands of people world wide and is currently taught in nine languages in over 30 countries.

What is the Innate?

Your body has an automated energetic healing system known as the innate wisdom of the body. It is the energy that you were born with designed for the purpose of keeping you healthy and adaptable to stress.

When Life is Stressful, How Good is Your Tech Support?

Stress can cause all kinds of problems in your life. So how are you responding to it? Often, stress shows up in our life as physical, emotional and relationship imbalances. Your innate healing wisdom should be able to deal with it but sometimes there is confusion and too much going on in our life. Things go unchecked a remain out of balance. Receiving regular BodyTalk sessions is much like calling technical support for your computer (except it is much easier to contact). BodyTalk helps your body relax and allows your brain and other energy system to focus on healing. Often it is just a simple matter of identifying a few imbalances, restoring communication and then letting your body do the rest.

What is Your Solution? ...Install New Software

Having a BodyTalk session is a relaxing, holistic experience that enhances your body's ability to transform naturally. By awakening your natural healing system, the body has the clarity and energy to correct imbalances. It is much like deleting old files of illness patterns and installing new healthier software, naturally. This new information is stored into each of the 100 trillion plus cells in the body. As a result, healing can occur at every cell and at a pace that is perfect for you. More important, the cells and systems of your body now have a new healthier way to adapt to stress in the future.

Who do you know that needs help with:

- Reset the body's stress THERMOSTAT
- Instantly REBOOT the brain's ability to focus
- RELIEVE Headaches and Migraines
- Allergies (food, environmental)
- Insomnia/Sleep Disorders
- Performance Anxiety
- Mental Focus/ADD like issues
- Children's learning challenges
- Fibromyalgia/Chronic Fatigue
- Balance Hormones
- Improve Relationships
- Let go of Emotional Stress
- RESTLESS Sleep
- Low Back/Neck pain
- Golf/Sports Performance

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"BodyTalk is perhaps the easiest yet most powerful method you can learn to keep your family healthy. This applies to everyone, whether you are a medical doctor, an athlete, a mother, kindergarten student, a therapist of any kind or a Ph.D. candidate." ~Dr. James Oschman Ph.D. and author of "Energy Medicine"